

## How A Desire Becomes Destructive

### Desire

My heart is set on something that I *want*



### Demand (I must)

I have decided that I *must have* what I have set my heart on and nothing can stand in the way.



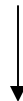
### Need (I will)

What I want is *absolutely necessary* to life.



### Expectation (You should)

If convinced I need something and you have said you love me, it seems right to expect that you *should* help me get it.



### Disappointment (You didn't . . .)



### Punishment (Because you didn't, I will . . .)