

# Letting Go

These following statements may be helpful in a practical way as you begin to learn how to allow Christ's life to be lived out through you in everyday situations and letting go of how you think life should be lived out.

**Letting go** is to abide in Christ, which means knowing that outcomes and other's responses are not my responsibility.

**Letting go** does not mean to stop caring, it means I can't do it for someone else.

**Letting go** is not withdrawing from others, it is the realization I can't control another.

**Letting go** is not to rescue others, but to allow learning from natural consequences.

**Letting go** is not to try to change or blame another.

**Letting go** is to cease looking to others to satisfy my desire for security, satisfaction, and significance.

**Letting go** is to stop trying to "fix" or manage and be encouraging.

**Letting go** is to allow others to take responsibility for their own choices and actions.

**Letting go** is not to nag or argue, but instead to become aware of how I might have a part in the problem continuing.

**Letting go** is not to adjust everything to my beliefs, even if I believe I am right.

**Letting go** is to walk no longer *after my own understanding* concerning a situation.

**Letting go** is ceasing from trying to defend my position.

**Letting go** is ceasing from expecting fulfillment to come by being admired for my performance, looks, or personality.

**Letting go** means I turn loose of the old belief system and old programming I've depended on to make life work and rely on God's Truth.

**Letting go** means humility.

**Letting go** does not mean passivity. It DOES mean to cease walking after MY OWN WAYS or walking after my flesh as I focus on the Spirit.

**Letting go** is "letting go" of my "right" to acceptance and respect from another person.

**Letting go** is "letting go" of my fear of another person's responses (or taking the responses as a reflection of my worth), believing the Truth, and remembering the Lord is my justifier to others and the battle is His.